

Coaching Skills

Objective

Using the effective coach/manager needs to know where you are today, and where you need to be and how to get there.

His focus is on the next steps - setting of performance goals and creating a successful process to enable increased confidence and competence.

What skills does the coach/ manager need to develop to achieve these goals?

Format

A 2 day or 3 day programme

Contents

- Introduction to coaching
- Your role as a coaching manager in your organisation
- Core coaching principles
- Coaching process
- Coaching conversations
- Coaching skills assessment
- Coaching practice

